## KASEY MORENO, PT, DPT



**Davison Clinic Director** 

Doctoral Degree in Physical Therapy, University of Michigan— Flint, 2005

## **Specialties:**

- Sports-related Injuries & Conditions
- Manual Medicine—
   Michigan State College
   of Osteopathic Medicine
- Myofascial Decompression
- Blood Flow Restriction Training (BFR)

## Interests:

- Orthopedic/Sports
  Medicine Rehabilitation
- Pre- & Post-operative Procedures & Joint Replacements
- Vestibular Rehabilitation

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Kasey Moreno, PT, DPT has been in the physical therapy field for over a decade. She graduated from the University of Michigan-Flint with a doctoral degree in physical therapy in 2005 and is currently attending Michigan State College of Osteopathic Medicine's Manual Medicine Program. She has several years of clinical management experience as she has served as a clinic director at an outpatient physical therapy clinic previous to coming to Advanced Physical Therapy Center.

Kasey has been an athlete most of her life and spent a lot of time in physical therapy due to injuries. She had her first experience with physical therapy in high school, and that is when her interest in the field began. "I was in awe of how physical therapists were able to help people get back to the activities they enjoyed and how they helped restore their quality of life. I knew one day I wanted to do the same," said Kasey.

Kasey's clinical focus has been on treating sports-related injuries and conditions, and she loves helping athletes get back to playing their game. She has a special interest in pre- and post-operative rehabilitation for joint replacements and vestibular rehabilitation for the inner ear and balance. She has attended several continuing education courses concentrated in sports medicine and manual therapy. Her additional training includes kinesiology taping and exercise.

When working with patients, Kasey likes to make sure that each individual feels as though she is directing all her attention on them. "I listen to what my patients say, and I let them know that I hear them," says Kasey. She also likes to make sure patients have the tools they need to continue to improve and become the best they can be after physical therapy.

Kasey is originally from Otisville and now lives in Davison with her husband, their son and two dogs. When she is not busy treating patients, she enjoys spending time with family, playing golf with her husband and watching her son play sports.

If you ask Kasey what she likes about being a physical therapist, she would most likely tell you, "Being a physical therapist is one of the most rewarding professions. I love being able to take patients out of pain and limitations and get them back to functioning again. I am proud to say that this is what I do for a living."

